



Our mentoring program for high school students is called “Ismo” (In School Mentoring Opportunity) and it runs in over 80 schools across Australia. One of our qualified Program Counsellors manages our Ismo program, and they bring a group of trained mentors into the school for an hour each week at a consistent day and time for two terms. We facilitate one-on-one mentoring for students and we have a graduation celebration at the end.

All Raise Mentors complete our 12-hour best practice training in youth mentoring and they undergo compulsory Working with Children Checks, National Crime checks, and a telephone interview. Students are invited to attend the Ismo program by teachers who feel they might benefit from having a neutral positive role model in their lives, and the students choose whether they would like to be involved. Their parents or guardians give consent for their son or daughter to attend the program.

Ismo runs as a partnership between the School and Raise. The success of the program is the responsibility of our Program Counsellor, and they carry the majority of the administrative work in making sure the program runs smoothly, with assistance from a staff member of the school. Ismo is complementary to the welfare team in the school and helps to provide a community of support around those students who could do with some extra encouragement and goal setting to reach their full potential.

Ismo outcomes include improved relationships, advanced resilience and coping strategies, increased self-confidence, identification and achievement of smart goals, increased ability to ask for help from trusted adults, and re-engagement with education and employment options.

- ✓ **99%** of our school partners asked for the Ismo program to return to their school
- ✓ **99%** mentees say they enjoyed the program
- ✓ **93%** mentees say they make better choices because of mentoring
- ✓ **97%** of mentees say they would recommend the Ismo program to a friend

For more information
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