

**7outh FRONTIERS**  
a NSW Government youth mentoring program

**raise**



Our mentoring program for high school students is called Youth Frontiers and it runs right across NSW. One of our qualified Program Counsellors manages our Youth Frontiers program, and they bring a group of trained mentors into the school for an hour each week at a consistent day and time for two terms. We facilitate one-on-one mentoring for students and we have a graduation celebration at the end of the program.

All Raise Mentors complete our best practice training course in youth mentoring and they undergo compulsory Working with Children Checks, National Crime Checks, and a telephone interview. Students are invited to attend the program by teachers who feel they might benefit from having a neutral positive role model in their lives, and the students choose whether they would like to be involved. Their parents or guardians give consent for their son or daughter to attend the program.

Youth Frontiers runs as a partnership between the School and Raise, and is supported by the NSW Government. The success of the program is the responsibility of our Program Counsellor, and they carry the majority of the administrative work in making sure the program runs smoothly, with assistance from a staff member of the school. Youth Frontiers is complementary to the welfare team in the school and helps to provide a community of support around those students who could do with some extra encouragement and goal setting to reach their full potential.

Youth Frontiers outcomes include improved relationships, advanced resilience and coping strategies, increased self-confidence and communication skills, identification and achievement of smart goals, development of team work and leadership skills, increased ability to ask for help from trusted adults, and re-engagement with education and employment options. Mentees also make a positive contribution through community activities in the Youth Frontiers program.

- ✓ **99%** of our school partners asked for the program to return to their school
- ✓ **99%** mentees say they enjoyed the program
- ✓ **93%** mentees say they make better choices because of mentoring
- ✓ **97%** of mentees say they would recommend the program to a friend

For more information

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[raise.org.au](http://raise.org.au)