

What do we do?

Raise is creating thriving communities by empowering young people to become resilient, capable and connected. We impact the wellbeing of young people at risk of disengaging in Australia by providing best practice mentoring programs in high schools and in the community.

What is mentoring?

A confiding relationship with a trustworthy adult is one of the single best predictors of wellbeing for young people facing adversity. Mentoring is a one-on-one relationship where a more experienced person supports a less experienced person to identify and achieve their goals. We work on the premise that it takes a village to raise a child, and everyone needs someone to talk to.



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How can you be part of our village?

Volunteer to become a mentor,
Complete our TAFE accredited mentor training
Become a Raise Partner with a corporate social partnership
Develop a staff community initiative
Make a regular pledge through workplace giving
Come to our innovative annual fundraising events
(Sparkle Ball, Corporate Lunch, Movie Night, Raise High Tea)
Make a donation or provide a funding grant
Ask us to run training or workshops for your organisation
Attend our workshops and seminars

**Offer your time, treasure or talent to help Raise Foundation
continue making an impact on the wellbeing of our
young people in Australia.**



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Why are we needed?

- Suicide is the biggest killer of young Australians, more than car accidents or cancer
- 75% of adult mental health conditions emerge by age 24 and half by age 14
- 1 in 3 young people are unemployed or underemployed in our country
- Australia has the fourth highest rate of teenage pregnancy in the western world
- Only 32% of young people will seek help from their School Counsellor

Who are we?

Raise is a registered Australian charity with Tier 1 DGR status. We are not affiliated with any religious or political organisations and we are managed by a professional board of corporate and industry experts. Since our inception in late 2008, Raise Foundation has improved the lives of 4,499 young Australian boys and girls by matching them with a professional mentor to meet with regularly. We have accredited 3,204 volunteers from the community with a TAFE qualification in youth mentoring. We assist young people every day to develop their resilience and relationships, ability to ask trusted adults for help, increase their confidence and connectedness, set and achieve smart goals, and engage with education and employment.

What programs do we offer?

Ismo (in school mentoring opportunity) is for young people in high school, we mentor for an hour a week in term time on school premises with a social and emotional focus. Youth Frontiers is supported by the NSW Government and is for young people aged 12-16 in high schools across Australia. Career is a full day mentoring workshop offered to Year 10 or 11 students with a focus on employability skills and life after Year 12. Bump is for young pregnant or parenting girls, and we mentor and gather weekly about specialist topics specific to the challenges that young mums face, with TAFE Certification attached to our Bump Up program in the second year.

How do we work?

Mentees are invited to participate in our mentoring programs after they have gained parent consent, and 98% of our mentees say they are happy to have been part of the program. We welcome volunteers to become Raise Mentors through our application process, and they are highly valued members of our team. Our matches are supported by our qualified Program Counsellors. Raise Mentors complete our accredited training and submit compulsory Working with Children and National Crime Checks. Our programs are conducted during week days within school hours and during school term time.